FORENSIC MEDICINE



Notes compiled by PJ Louw for LLB from the UNISA Study Guide & other material. Whilst care has been taken to ensure accuracy are advised to also verify facts independently.

DROWNING

Body is recovered from water. Did the person drown or were they killed on shore?

study unit 11 (alcohol) also dry drowning. Study unit 3; study unit 8;

TYPICAL PRESENTATION:

8. **Drowning**

- Immersion without aspiration → Drowning with aspiration
- (25) Discuss all aspects of drowning incl. signs of submersion + determination of period of submersion

DROWNING - NATURAL CAUSES

- **before** falling into water (person suffered heart attack, died & then fell into water)
- while in water (person suffered heart attack & died)

DROWNING - UNNATURAL CAUSES

- **before** falling into water (gunshot wound)
- **while** in water (multiple injuries after being hit by boat or bitten by shark)

SUBMERSION EFFECTS

effects of submersion other than drowning

Person may die with / without aspiration of water. What are causes of death in 2 groups?

- With aspiration of water person inhales water
 - death caused by ¹hypoxia/anoxia or ²fluid & electrolyte disturbances
 - fluid electrolyte more prominent in fresh water drowning than in salt-/seawater
- Without aspiration of water possible causes: **»**
 - ¹neurogenic heart arrest / ²hypothermia / ³laryngospasm / ⁴drowning with breathing apparatus (scuba diving)
 - diving accident incl. carbon-dioxide poisoning / decompression disease & barotrauma

SIGNS of SUBMERSION

- 1) Maceration of skin
 - » Develops rapidly in warm water / longer to develop in cold water.
 - » Skin pale / wrinkled "washer-woman's skin" keratin layers become detached
- 2) Cutis anserina (condition non-specific) → skin looks like goose-flesh
- 3) Distribution of post-mortem hypostasis

Still water: body floats on abdomen with limbs facing downwards

lividity present over legs / arms / anterior aspect of abdomen

Moving water: body constantly rolled

hypostasis widespread - often pink in colour

- 4) Foreign material in airways & upper gastro-intestinal system
 - » Sand / mud / plants often present
- 5) Partial breaking of rigor mortis
 - » can be partially broken by wave movement

PERIOD of SUBMERSION determination

- » Water temperature MOST IMPORTANT FACTOR determining appearance of body
- » Water pollution plays minor roll sewage water higher temperature

POST-MORTEM SIGNS → depends on post-mortem interval

Some signs will disappear with time

- 1) Foam in airways → (non-specific feature) washed away
- 2) Lung changes
 - (a) <u>Pulmonary oedema</u> inhaled water present in lungs (lungs heavy

& congested)

- (b) "Dry lung" drowning pulmonary oedema ABSENT
- (c) Over-inflation of lungs common condition seen in association with

oedema

- (d) <u>Haemorrhages in lungs</u> caused by extreme attempts to inhale
- 3) Haemorrhage in middle ear
 - » (unreliable sign) result of pressure of water on middle ear
- 4) Stomach content
 - » (unreliable sign) water pressure sufficient to force water into stomach
- 5) Cataleptic stiffening / cadaver spasm
 - » indication that person was alive when falling into water
- 6) Post-mortem trauma
 - » Propellers of boats / shells / rocks can cause injury to submerged body

Difficult to distinguish ante- & post-mortem wounds

» blood washed from body - wounds appear clean

CLASSICAL SIGNS of ASPHYXIA - Signs are non-specific

- Petechial haemorrhages → pinpoint haemorrhages occur on skin / eyes / thoracic organs
- 2) Congestion & oedema \rightarrow foamy fluid in lungs (often seen with drowning)
- 3) Congestion & dilatation \rightarrow of right heart chambers & increased fluidity of blood
- 4) Cyanosis → blue colour change on skin / lips (NOT ind of type of death)
- » NO single sign indicative of asphyxic death
 - → diagnosis depends on circumstantial evidence

Pulmonary oedema:

Pulmonary oedema means an excess collection of watery fluid in the lungs. The fluid collects in the many air sacs of the lung, making it difficult to breathe.

"Dry lung" drowning: Dry drowning occurs when a person's lungs become unable to

extract oxygen from the air, due primarily to: Muscular paralysis.

Puncture wound to the torso (affecting ability of diaphragm to create respiratory movement) Changes to the oxygen-absorbing tissues. Persistence of laryngospasm when immersed in fluid.

Over-inflation of lungs

Excessive inflation or expansion, as of the lungs; over-inflation.

Haemorrhages in lungs

Pulmonary haemorrhage (or "pulmonary haemorrhage") is an acute bleeding from the lung, especially in the upper respiratory tract and the trachea. When evident clinically, the condition is usually massive, associated with bleeding in other sites as well as more than one third of the lungs.

Petechial haemorrhages

A **petechia** is a small (1 - 2 mm) red or purple spot on the skin, caused by a minor bleed (from broken capillary blood vessels).

Congestion & oedema / dilatation

Increased venous pressure leads to congestion and oedema of tissues (especially the face) and marked lividity. - Dilation - the action of dilating a vessel or opening or the process of becoming dilated.

Lividity - can be a useful reaction in determining the position of a body at the time of death and even whether a body was moved within the first few hours after death. There are various forms of **lividity**. In a living person, a blow can result in the localized rupturing of cells and the pooling of blood.

Oedema - a condition characterized by an excess of watery fluid collecting in the cavities or tissues of the body.

Cyanosis - a bluish discoloration of the skin due to poor circulation or inadequate oxygenation of the blood.

CATALEPTIC STIFFENING (cadaveric spasm)

rare form of rigidity sets in when person dies during stressful period & somatic death sets in rapidly

- O Usually affects only 1 muscle group (ex. hand muscles)
 Body of person drowned person retrieved. Tree-branch tightly gripped in hand. How will you interpret this?
- o <u>EXAMPLE of CATALEPTIC STIFFENING</u> →sometimes occurs when person dies during severe stressful period →Indication that person was still alive when fell into water (grabbed branch in survival effort)

RIGIDITY due to COLD - sets in when body is exposed to temperatures under 3,5 °C

- o Babies / Young children / Obese people thick layer of fat →cold rigidity more prominent
- When body later heats up true rigor mortis will set in

Body - Bright rose colour Cold temperature (body in refrigerator/cold water or hypothermic death)

Oedema: condition - excess of watery fluid collecting in the cavities or tissues of the body.

LATER CHANGES POST MORTIM (After Death)

- 1. Decomposition (putrefaction)
- **2. Mummification** (Namib desert / Mount Everest)
- **3.** Adipocere-formation (Wax-like substance)
- **4. Maceration** (process of AUTOLYSIS = spontaneous disintegration)
- Skeletisation (all soft tissue has been destroyed due to exposure to elements bleaching)
 - 1. Decomposition (putrefaction)
- Sets in immediately →Due to breakdown of body by enzymes →condition only visible at later stage
 - **ENZYMES AUTOLYSIS** can be from body itself.

(Autolysis - the destruction of cells or tissues by their own enzymes, especially those released by lysosomes).

HETEROLYSIS can be from other organisms

(Heterolysis - is the process of a body's soft tissue destruction by micro-organisms (bacteria, fungi and protozoa) and results in the catabolism of tissue into gases, liquids and simple molecules. (apoptosis induced by hydrolytic enzymes from surrounding cells)

» Environmental tempedrature plays important role → refrigerator - suppress process / warmth – accelerate process

warmth – accelerate process

- **2.** Mummification → Namib desert / Mount Everest)
- Occurs in → <u>dry hot + cold climates</u> / →body lying in environment with <u>high acid</u> content
- <u>Body of new-born</u> concealed in <u>cardboard box</u> (microbiologically sterile & putrefaction very slow)
 - 3. Adipocere-formation (Wax-like substance)
- Water binds with body fat → transformation of body fat into soap
- ◆ Develops over long period & suppresses further decomposition of body → preserve wounds.
 - 4. Maceration (process of AUTOLYSIS = spontaneous disintegration)
- Foetus dies intra-uterine → Contents of uterus is sterile → NO putrefaction
- (1) skin softens

- (2) large fluid-blisters appear
- (3) skin strips away
- (4) at same time internal organs soften (5) bones loosen from attachments
 - Skeletisation (After all soft tissue has been destroyed due to exposure to elements bleaching)
- Skeleton useful for identification of deceased & determining how long person has been dead

DETERMINATION of POST- MORTEM INTERVAL

TIME OF DEATH

- > ENTOMOLOGY
- > STOMACH CONTENTS
- > DECOMPOSITION
- > PUTREFACTION in SUBMERGED BODY
- » Important to determine time of death
 - → Immediately / soon after death often easy
 - → difficult after putrefaction sets in (many factors come into play)

| TABLE = General | First 3 hours | Body warm & flaccid (primary muscle flaccidity) |
|-------------------------------|----------------|---|
| rules to apply | 3 to 8 hours | Body warm & stiff (rigor mortis has set in) |
| when examining | 8 to 36 hours | Body cold & stiff |
| corpse in 1 st few | After 36 hours | Body cold & soft (flaccid) |
| hours after death. | | (2 nd dary muscle flaccidity has set in) |

ENTOMOLOGY

- → Type of insects & phases of life cycles found on body (e.g. eggs / maggots) (Insects)
- → Different insects found in different geographic areas

STOMACH CONTENTS

NOT indication to post-mortem interval - digestive processes end after death

Stomach contents can reveal following info at post-mortem examination -

- (a) what person ate before death
- (b) approx. how long he lived after eating
- → Stomach contents digestion & emptying vary considerably & can be <u>unpredictable</u>

DECOMPOSITION / PUTREFACTION in SUBMERGED BODY

Slower in liquid medium than in air

- » Rate of putrefaction in submerged body determined by -
 - 1. <u>Temperature</u> of medium
 - → Putrefaction more rapidly in warm than cold medium
 - 2. <u>Nature</u> of medium
 - → Putrefaction more rapidly in sewage water (warmer) than in fresh water (colder)
 - > Putrefaction more rapidly in fresh water than in seawater.
 - 3. Movement of liquid
 - → Putrefaction more rapidly in stagnant water.

ASPHYXIA (SU 8)

ASPHYXIA

- » Deaths due to lack of oxygen (Drowning / Carbon-monoxide poisoning)
- 1. Suffocation
- **2. Smothering** (External)
- 3. Choking (Internal)
- 4. Restriction of respiratory movements (mechanical asphyxia)
- 5. Pressure on neck
- **6.** Hanging → Ligature strangulation with FORCE APPLIED by BODY WEIGHT
- **7.** Auto-erotic deaths → Usually occurs in young middle-aged males
- **8. Drowning** → Immersion without aspiration → Drowning with aspiration

CLASSIFICATION of CAUSES of ASPHYXIC DEATHS

- 1. Suffocation
- Decreased atmospheric oxygen pressure

(decompression of aircraft cabin at high altitude)

• Consumption or displacement by inert gasses

(nitrogen [N2] / carbon dioxide [CO2]) (wine tanks / silos)

(Inert gas asphyxiation)

During cleaning of wine tank - worker dies while climbing into tank. What is probable cause of death?

This is an example of suffocation due to inhalation of fermentation gasses in wine tank

- Oxygen decreases & carbon-dioxide are produced.
- Fermentation produces carbon dioxide gas about 40 times the volume of grape
 juice. Excessive carbon dioxide in the air can cause.

- 2. Smothering (External)
- Obstruction of external airways (mouth / nose- Gagging) (accident / suicide / murder)
 - 3. Choking (Internal)
- Obstruction of internal airways
 - » (throat / windpipe) (severe allergic reactions / regurgitation)
 - » Risk of vomit person with high blood alcohol level with stomach contents in airways at post mortem
 - 4. Restriction of respiratory movements (mechanical asphyxia)
- Movement of chest restricted
 - » compression diaphragm muscles prevented inspiration
- O Upside-down position
 - » pressure of intestines on diaphragm limits inhalation develops asphyxia & dies
- 5. Pressure on neck
- (5) List mechanisms which may cause death in case where physical pressure is applied to neck?

In cases of death due to violence to neck → neck structures must be examined carefully

- 1) Airway obstruction
 - » direct pressure on throat & windpipe can obstruct airways
 - » results in hypoxic/anoxic anoxia
 - » base of tongue displayed backwards against throat

- 2) Compression of jugular veins in neck (common)
 - » leads to stagnation of blood flow to & from brain
- 3) Compression of carotid arteries (less common protected by bone)
 - » results in stagnation hypoxia
- 4) Neurogenic stimulation (NB* cause of death)
 - Alcohol / hypoxia / drugs cocaine / anxiety & fear can sensitise receptors of carotid arteries in neck & cause exaggerated response
 - Neurogenic cardiac arrest more common in throttling fingers dig below muscles & stimulate receptors) & hanging (cord knot often lies directly over receptors) than in strangulation (ligature usually lower down on neck away from receptors)
 - » Blows to neck can also stimulate receptors directly or indirectly (martial arts)
- 5) Combination of above mechanisms
- **hypoxic anoxia** brain injury is caused by a reduction in oxygen supply to the brain
- **anoxic anoxia** brain injury when there is a complete lack of oxygen to the brain.
- Both conditions can occur despite sufficient blood supply to the brain.

Person throttled with hands during assault. What could be causes of death?

- (a) Throttling (strangulation with hands)
- » dynamic process hands tend to change grip continuously & therefore combination of above conditions could play role
- » Relatively common occurrence -> domestic murders / sex-associated murders / child murders
- Physical advantage needed to overpower & throttle (Females seldom throttle victims
 except children) & men don't often succumb to throttling
- » Post-mortem signs local skin wounds / abrasions by fingers & nails (collect material under nails)

» Damage to deep-lying structures - haemorrhage to soft tissue & muscles of neck / damage of vascular structures / fractures of bone & cartilage of neck / haemorrhage into thyroid gland may occur

During application of pressure to neck, death may be caused by following

(a) airway obstruction

(b) occlusion of neck veins

(c) occlusion of carotid arteries

(d) neurogenic stimulation

(e) combination of above

b) Strangulation

(Force applied to neck with ligature or rope →BODY WEIGHT plays NO role)

- Ligature
 - » wrapped around neck / can be knotted / can cut into skin / can be wound-up
- Post-mortem findings
 - skin lesions & scratches / ligature mark / impression abrasion by ligature / ligature may be imbedded due to swelling or oedema of surrounding soft tissue / mark usually horizontally round neck relatively low down or just above or below Adam's apple
- LESS DAMAGE to neck structures than in throttling
- Asphyxia signs
 - » petechial haemorrhages & oedema often pronounced above ligature.

(c) Neck hold grip

(12) Discuss neck grips as a cause of death

"carotid sleeper" - A chokehold restraint used to subdue overactive, unruly, violent, or inebriated subjects, to prevent them from harming themselves or others. It acts by (1) reducing blood flow to the brain via the carotid arteries and blocking venous return via the

jugulars, and (2) bilateral compression of the carotid baroreceptor, causing asystole or marked bradycardia, reduced blood pressure, and syncope; under controlled conditions, non-combative subjects lose consciousness within 6–15 seconds. The sleeper hold is safer than the air choke.

- (c) **Neck holds NECK HOLD GRIP** = "carotid sleeper" –law enforcement means of incapacitating person
- O Hold intended
 - » to impede blood flow in **carotid arteries** by pinching effect of arm & forearm
 - » Result in temporary loss of consciousness
- If properly applied
 - » airway unaffected while **carotid arteries** are <u>compressed</u>

ARM BLOCK / BAR ARM CONTROL - could be dangerous / Risk factors

- Forearm placed over front of neck with force applied backwards → causing occlusion of airways
- Base of tongue forced back violently & obstructs throat
- Thyroid cartilage could be damaged
- During struggle to escape from hold → carotid sinus can be stimulated
- Risk factors can lead to death during application of neck hold

Which **RISK FACTORS** may increase risk of death during **application of neck grip**?

Risk of neck grips increased by following factors

(a) ischaemic heart disease

When arteries are narrowed, less blood and oxygen reaches the **heart** muscle. This is also called **coronary artery disease** and **coronary heart disease**. This can ultimately lead to **heart** attack. Ischemia often causes chest pain or discomfort known as angina pectoris.

- (b) psychiatric illness
- (c) epilepsy
- (d) drugs, alcohol & certain medication
- (c) physical activity preceding application of pressure increases sensitivity of carotid sinus due to adrenalin sensitisation of sinus.

6. Hanging

Ligature strangulation with FORCE APPLIED by BODY WEIGHT

Not necessary that body hangs free → part of body could still be in contact with floor.

- Accident or suicide → seldom used in murder cases except in situations of premeditated execution
- Post-mortem signs → localised with <u>ligature mark on neck</u> / <u>friction abrasion</u> similar to mark caused by whip / seldom goes right round neck **except** if knot is sliding knot
- Neck structures → less damaged than with throttling
- Hypostasis (post-mortem colour changes) <u>can occur in arms & legs</u> if body hanged for some time
- Usually no signs of asphyxia → death due to neurogenic cardiac arrest
- Severe mechanical disruption of neck structures

Deaths as a result of hanging are usually caused by neurogenic cardiac arrest (vasovagal inhibition), and not by the tightening of the noose around the neck with obstruction of the airway

7. Auto-erotic deaths

» Usually occurs in young middle-aged males

Body of young man found in weird circumstances - rope with sliding knot around neck - body naked & pornographic material present on scene. With what phenomenon are we faced here? Example: of auto-erotic death

- » Cerebral hypoxia *(*hypoxia deficiency in the amount of oxygen reaching the tissues).
 - > causes erotic hallucinations
 - hypoxia induced by pressure to neck or mask over face
- » Usually ligature around neck
 - > placed to loosen as person becomes unconscious
- » Important inspect scene of death for other sexual practices (bondage / transvestism / fetishism)
- » Erotic literature often found
 - deaths unplanned/unforeseen NO suicide letters

TOXICOLOGY & ALCOHOL / DRY DROWNING (SU 11)

TOXICOLOGY & ALCOHOL

(30) Write essay on general principles of TOXICOLOGY & POISONING

cytotoxic anoxia

Cytotoxicity is the quality of being toxic to cells. Examples of toxic agents are an immune cell or some types of venom, e.g. from the puff adder (Bitis arietans) or brown recluse spider (Loxosceles reclusa). - causing the an absence of oxygen - **anoxia**

CLASSIFICATION

Toxicological substances (incl. medicines) can be classified according to

Chemical characteristics → e.g. organic / inorganic

Mode of action → e.g. corrosive / irritant

Target organ → e.g. lungs / heart

Intended use → e.g. solvent / insecticide

Field of use → e.g. agricultural / industrial

Origin → e.g. plant / bacterial / fungal

FACTORS AFFECTING TOXICITY

1) **Intensity of reaction** → ranges from most <u>insignificant to death</u>

2) **Dose** \rightarrow amount administered & frequency of administration

3) Rate of absorption → influenced by route of administration (by mouth /

intravenously / inhalation)

4) Rate of elimination → accelerated by vomiting / diarrhoea / accelerated metabolic pathways

- 5) Specific properties of subject → include <u>hypersensitivity</u> / various <u>diseases</u>
- 6) Physico-chemical nature of poison → solid / gas / liquid / soluble

DIFFERENCE BETWEEN THERAPEUTIC & LETHAL DOSAGE

There are interpersonal + intrapersonal differences in reaction to a given dose.

EFFECTIVE DOSE → where 50% of individuals will experience a therapeutic effect of the dose

LETHAL DOSE → where 50% of individuals will die

TOXIC DOSE → where a specific toxic effect other than death is reached

**Closer these doses are to 1 another → the higher the risk for toxic reactions

POISONING

substance resulting in harm or death when absorbed by living organism

POISONING CAN BE

1) acute 2) sub acute or 3) chronic

MANY SUBSTANCES

» occurring naturally or in synthesised form <u>exhibits a poisonous</u>
<u>property</u>

MEDICINES & BEVERAGES

» can result in poisoning if used in excess or inappropriately

COMBINATION of INNOCUOUS SUBSTANCES

» could also have harmful effect

SIGNS, SYMPTOMS & INTENSITY vary in person → discomfort over long time / appearing suddenly

HOW is POISONING PROVED?

POISONING proved from

- (1) (i) symptoms & signs displayed by victim during lifetime +
 - (ii) chemical analysis to test for presence of particular poison
- (2) Post-mortem examination

Conducted in order to:

- exclude certain diseases
- > chemical analysis confirm nature & amount of poison
- > indicative of condition of victim & what caused death

Examination of internal organs & tissues removed from body for chemical analysis

- Liver can destroy or modify poison or poison can damage liver
 - o can lead to symptoms & signs indicating liver disorder
 - o often no clinical evidence liver damage due to disease or poisoning
- Kidneys often sent for analysis in case of deceased
 - **Urine** in case of living person
- Stomach + contents often analysed
 - Vomit examined in living patient

(2) **Poisoning**

- Heavy metal poisons found in tissues
 - evaluated carefully + possibility of environmental contamination
- > Arsenic
 - acts on almost every system of body
 - o can be mistaken for many diseases
- Often virtually negative findings at post-mortem examination which arouse suspicion about poison as possible explanation of cause of death
- Negative post-mortem finding becomes VERY IMPORTANT FACTOR to investigate case of suspected poisoning

(3) **Evaluation:**

- (i) Clinical history
- (ii) post-mortem findings &
- (iii) results of any special investigations must be evaluated to arrive at conclusion

ALCOHOL POISONING - (ETHANOL)

ETHANOL (systematic chemical name for ethyl alcohol) a.k.a ALCOHOL

Ethanol, also commonly called ethyl alcohol, drinking alcohol, or simply alcohol is the principal type of alcohol found in alcoholic beverages:

- produced by the fermentation of sugars by yeasts and -
- distilled to increase alcohol level

MOST POTENT PSYCHO-ACTIVE ANAESTHETIC DRUG

legally available without prescription

- Colourless / odourless / volatile substance which burns easily
- No taste / completely water soluble
- > Often abused resulting in acute intoxication / chronic alcoholism

Discuss factors which may influence absorption of alcohol from gastro-intestinal tract?

ABSORPTION of ALCOHOL by the BODY

INGESTION (most common) - absorbed into body directly & unchanged by process of diffusion

ABSORPTION - proceeds immediately in stomach & small intestine

FACTORS INFLUENCING RATE OF ALCOHOL ABSORPTION

- 1) Peristaltic movement
- 2) Nature / composition / amount & strength of beverage ingested
 - Optimal absorption occurs when beverage has lower (between 10 & 20%) alcohol concentration
- 3) Contents of stomach & small intestine
 - fatty foods / carbohydrates / proteins prevent absorption
- 4) Medicines & other chemical substances →influence peristalsis & speed of absorption

METABOLISM & SECRETION of ALCOHOL

About 85% to 90% alcohol metabolised by liver

- Rest **secreted unchanged** <u>via lungs / kidneys & perspiration</u>
- Alcohol elimination
 - » STARTS moment alcohol is distributed through body & reaches liver
- Alcohol eliminated at constant rate
 - » average used = 0.015g% per hour → called the B60 value
 - » NOT affected by cold / exercise / sleep or any other factor
- Concentration of blood alcohol does NOT influence elimination rate
 - » In practice rate will be constant
- Assumed that approximately
 - » 60% of ingested drink will be absorbed after 60 minutes &
 - » 90% after 90 minutes

ALCOHOL-LEVEL ANALYSIS

☆ LIVING PERSON

How will alcohol level of a living person be

determined?

- Determined by means of VENOUS blood sample
 - Any blood specimen can be used

- IMPORTANT to prevent contamination with alcohol-containing solutions during cleaning of skin
- Specimen
 - o to be collected in special test tube containing preservation solution
- Modern Breath-alcohol analysis
 - used by law-enforcement as screening procedure at roadblocks with level of alcohol intoxication confirmed by blood analysis
- **☆ DEAD BODY**

How will alcohol level of deceased be

determined?

- > Eye fluid or venous blood may be used
 - Venous blood to be obtained as far as possible from heart / stomach / liver
 (preferably from thigh)
 - Cardiac blood NOT acceptable
- > Alcohol levels
 - o routinely measured in ALL individuals older than 16 years who die unnaturally

80kg female arrested for alleged driving under influence of alcohol - <u>blood-alcohol</u> concentration = 0,14g% - <u>She alleges to have consumed 3 glasses of white wine</u> - last one 2 hours before arrest. How will you confirm or refute her statement regarding alcohol consumption?

Or: (7) Write short notes on Windmark's formula, incl. Windmark's factor

WIDMARK FORMULA can be used to calculate specific blood-alcohol concentration at given time

- » Formula is rough indication
- » Body mass of person also taken into consideration for calculation of formula
- » 2 hours already passed
 - > can be accepted that all ingested alcohol had been absorbed

Legally acceptable blood-alcohol level = 0,05 g% - Does any risk of danger & even death exist at blood-alcohol concentration **lower** than this legal limit?

PHARMACOLOGICAL EFFECT

ALCOHOL = MOST POTENT PSYCHO-ACTIVE ANAESTHETIC DRUG legally available without prescription

NERVOUS SYSTEM

Alcohol causes impairment & damage to central- & peripheral nervous systems

EARLY STAGES of intoxication

- Loss of inhibitory effect accounts for behavioural changes loss of emotional restraint
- With alcohol levels as low as 0,05 g% difficult to attend & respond to external stimuli

Death could follow due to

- depression of respiratory &
- later circulatory control centres

MUSCULAR SYSTEM

Detrimental effect on muscle activity

> poor control due to central nervous system & decrease in impulse transmission

False feeling of self-confidence

> may increase RISK of getting involved in fight that can be fatal

DEGREES of INTOXICATION - CLINICAL FEATURES

lightly intoxicated

moderately intoxicated

heavily intoxicated

very heavily intoxicated

intoxicated to extent of being <u>stuporous to comatose</u>